



Our vision is to enable
each
member of our school
community, both
pupils and
staff, to achieve their
fullest
potential.

Raising Attainment Evening S4-6

September 2026

Denise McFarlane



Our vision is to enable
each
member of our school
community, both
pupils and
staff, to achieve their
fullest
potential.

Study that actually works

Being busy is not the same as learning

PASSIVE

Read notes

Highlight

Watch

ACTIVE

Retrieve

Explain

Check & correct

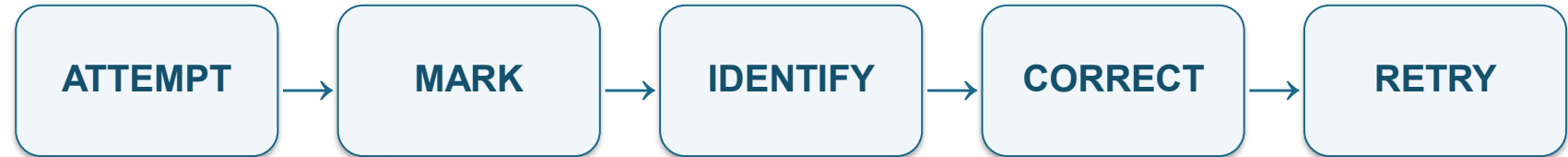
The brain learns when it has to do something.



Our vision is to enable each member of our school community, both pupils and staff, to achieve their fullest potential.

Practise. Check. Improve.

A completed question is only the start



The useful question is not:

“What mark did you get?”

“Where did you lose marks — and what will you do next?”



Our vision is to enable each member of our school community, both pupils and staff, to achieve their fullest potential.

Five ways to study effectively

Use a mixture — not just one method

- 1 RETRIEVE** Recall without looking
- 2 SELF-QUIZ** Flashcards / quick questions
- 3 PRACTISE** Past-paper style questions - Achieve
- 4 EXPLAIN** Teach it to someone - Parental Support
- 5 SPACE IT** Return to it over time – Little and often



Our vision is to enable
each
member of our school
community, both
pupils and
staff, to achieve their
fullest
potential.



Achieve – Notes, Videos, Links to past papers and
solutions

Google Search – Achieve Hashtag learning



Our vision is to enable each member of our school community, both pupils and staff, to achieve their fullest potential.



Student Sign Up

Email

Password

Password (again)

[Sign Up](#)

Already have an account? [Sign in](#)

When signing up for an ACHIEVE account, students should enter the School Code **UUuHZL9x**.



Our vision is to enable each member of our school community, both pupils and staff, to achieve their fullest potential.

Five ways to study effectively

Use a mixture — not just one method

- 1 RETRIEVE** Recall without looking
- 2 SELF-QUIZ** Flashcards / quick questions
- 3 PRACTISE** Past-paper style questions - Achieve
- 4 EXPLAIN** Teach it to someone - Parental Support
- 5 SPACE IT** Return to it over time – Little and often. Plan your study time and use supported study.



Our vision is to enable
each
member of our school
community, both
pupils and
staff, to achieve their
fullest
potential.

Exam Timetable and Study Guide App
<https://www.sqa.org.uk/sqa/1439.html>





Our vision is to enable
each
member of our school
community, both
pupils and
staff, to achieve their
fullest
potential.

Plan study in manageable blocks

Focused study + a genuine break

25–45 min

focused study

+

5–10 min

real break

Then decide: continue, change subject, or stop.

Phone away • One clear goal • Finish at a sensible time

Consistency beats cramming.



Our vision is to enable
each
member of our school
community, both
pupils and
staff, to achieve their
fullest
potential.

Supported Study Timetable

https://glowscotland-my.sharepoint.com/:w:/g/personal/gw07mcfarlanedenise3_glow_sch_uk/IQCYh3VFcoP0RKmCS0BISohmAXekg5DpPYuQrQLyzceCszg?e=zaO4L4





Our vision is to enable
each
member of our school
community, both
pupils and
staff, to achieve their
fullest
potential.

E-sgoil – October Supported Study

<https://e-sgoil.com/senior-phase/study-support/>





Our vision is to enable
each
member of our school
community, both
pupils and
staff, to achieve their
fullest
potential.

Selecting vocabulary: Academic word list

<http://www.uefap.com/vocab/vocfram.htm>





Our vision is to enable
each
member of our school
community, both
pupils and
staff, to achieve their
fullest
potential.

How parents can help

You do not need to know the course – provide the environment and ask questions

“What are you studying tonight?”

“What can you remember without looking?”

“Show me where you lost marks.”

“When will you come back to this?”

“What do you need to ask your teacher?”

Support the routine. Let them do the thinking.



Our vision is to enable each member of our school community, both pupils and staff, to achieve their fullest potential.

The Biggar High School study toolkit

Know what to use — and where to find it

ACHIEVE

Structured support materials

E-SGOIL & SUPPORTED STUDY

Use the support on offer

EXAM TIMETABLE

Know the dates early

STUDY TIMETABLE

Turn intentions into a plan

OUR SENIOR PUPILS

What works in real life

Start now. Little and often. Active, not passive.



Our vision is to enable
each
member of our school
community, both
pupils and
staff, to achieve their
fullest
potential.

Evening Evaluation

